

StreetDoctors Reducing Violence Programme

Our training programme empowers young people affected by violence (aged 11-25) to become lifesavers in their community. It is fully interactive, non-judgemental and trauma-informed.

The training sessions:

1. What to do if someone is bleeding

How to call an ambulance if someone has been stabbed and give emergency first aid. Also covers the medical impacts of violence such as blood loss.

2. What to do if someone is knocked out

How to call an ambulance and give emergency first aid by using the recovery position or doing CPR. Also covers the dangers of being knocked out.

3. What to do in a real-life incident – scenario workshop

Embeds young people's learning through first aid scenarios, further building young people's confidence to act in a medical emergency.

"The session was amazing and really helpful. I can now use these skills to save lives and share them with others." Young person



Saving a life

Aleesha* was at a party when she heard a bang and saw a young boy on the floor, his leg covered in blood. He had been shot in the leg and stabbed in the hand. **Aleesha had been to StreetDoctors session that week so she knew what to do** - she quickly asked someone to put pressure on the wound on his leg while she put pressure on his hand. She kept reassuring him until the ambulance arrived. **He is still alive today.** *Not her real name.

Click [here](#) for more inspiring, real-life stories.

How we deliver:

Face-to-Face - Our young healthcare volunteers across the UK deliver 1-hour training to groups of 5-20 young people at our youth partners' premises. All young people receive a StreetDoctors certificate.

E-learning App: *StreetDrs save lives* - Two healthcare volunteers lead users through our 3 app-based courses with multi-media games and activities. Approx. 45 minutes each with automatic saving embedded. Created with Merseyside VRP & Greater Manchester VRU.



“The young adults really threw themselves into it and were delighted with the certificate. They don’t get these opportunities often and were elated.” Support Through Sport, Nottingham

To book a session contact:

North: Niamh, niamh@streetdoctors.org / 07787940814

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Midlands & South West: Vishal, vishal@streetdoctors.org / 07769964928

Northern Ireland, Scotland, Wales: Katie, katiem@streetdoctors.org / 07763457712

Prices

Type of organisation*	Est annual income	Per <u>face-to-face</u> session
Central public sector and commercial businesses e.g. Home Office, Police Forces, VRUs, FIFA	Over £1 million	£375
Local public sector and statutory youth services e.g. Local Authorities, YOTs, PRUs, Schools	£250k to £1 million	£200 (with £175 subsidised by StreetDoctors)
Charities and independent youth services e.g. CICs, grassroots sports and youth clubs	£50k to £250k	£100 (with £275 subsidised by StreetDoctors)

*For small grassroots organisations with an income under £50,000 we will further or fully-subsidise sessions. Please speak to the team when you enquire.

For the E-Learning App: Buy 3 courses for £10 per person. Click [here](#) to buy or find out more.

“It is one of the best things our young people do.” Hammersmith & Fulham YOT