## Merseyside Violence Reduction Partnership – Trauma Informed Training Partner communications toolkit

## Information

This document aims to assist public sector and third sector partners across Merseyside to promote a new Trauma Informed Training package delivered by the [Merseyside Violence Reduction Partnership (MVRP)](https://www.merseysidevrp.com/), which is now available for free for all their employees.

The MVRP is offering this training package, which consists of four two-hour sessions on consecutive weeks over the course of a month, for free to all public sector and third sector professionals, particularly those who work to safeguard and support vulnerable adults and young people.

Evidence shows that trauma and adverse childhood experiences (ACEs) can have a significant impact on life opportunities, the likelihood of becoming involved with serious violence, and health and wellbeing.

Delivered by industry experts, the [MVRP’s trauma informed training package](https://www.merseysidevrp.com/our-projects/trauma-informed-training/) focuses on supporting public sector organisations and their employees to understand how psychological trauma can impact individuals and highlights the implications it can have for their services.

The four sessions are designed to help your employees to better understand the Neuroscience of how we learn and develop, covering subjects such as understanding vulnerability and the impact of trauma, recognising feelings and building trust and how to respond to a crisis, all of which are designed to empower your staff to better meet the needs of the communities you serve.

More than 400 professionals across Merseyside have already taken the training.

*By sharing information about this training with your employees and encouraging them to sign up, you can help to create a workforce which is trauma informed - giving them a greater understanding of how different life experiences shape our options and life choices which in turn will influence and improve their interactions and decisions in work and daily life.*

*Find out more here:* [Trauma informed training - Merseyside Violence Reduction Partnership (merseysidevrp.com)](https://www.merseysidevrp.com/our-projects/trauma-informed-training/)

## This toolkit

This toolkit contains:

* **Template for intranet page or internal newsletter (below)**– add your own quote or a paragraph from the point of view of your organisation.
* **Images** that you can use in digital content such as an intranet page or newsletter.
* **Explainer video** to accompany intranet page or for social media and display screens.
  + HD landscape, 2.20mins long
  + You can also **share the YouTube link** to this explainer video, hosted on the PCC’s YouTube channel: [(1) Trauma Informed Training - YouTube](https://www.youtube.com/watch?v=hCjWdqni25M)
  + To **embed this video on your web content**, use this code snippet:  
    <iframe width="560" height="315" src="https://www.youtube.com/embed/hCjWdqni25M?si=GDU4t2BnWyr1SIvb" title="YouTube video player" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture; web-share" allowfullscreen></iframe>
* **Static graphics** for display screens.

## Template for intranet / internal communications

**Free trauma informed training now available**

Are you supporting adults or young people?

Do you work to safeguard the vulnerable in our communities?

If you’re keen to help improve the outcomes for those you’re supporting by better understanding the impact and consequences of trauma, free training is now available.

The Merseyside Violence Reduction Partnership (MVRP) is now offering all public sector and third sector professionals, particularly those who work to safeguard and support vulnerable, the opportunity to attend four 2-hour sessions over the course of a month focused on equipping you to improve your understanding of the impact trauma has on you, your colleagues, and the people your organisation supports.

Evidence shows that trauma and adverse childhood experiences (ACEs) can have a significant impact on life opportunities, the likelihood of becoming involved with serious violence, and health and wellbeing.

Delivered by industry experts, the MVRP’s trauma informed training package focuses on supporting public sector organisations and their employees to understand how psychological trauma can impact individuals and highlights the implications it can have for their services.

This training is designed to help you to become trauma informed, giving you a greater understanding of how different life experiences shape our options and life choices which in turn will influence our interactions and decisions in work and daily life.

The four sessions are designed to help you better understand the Neuroscience of how we learn and develop and cover subjects including understanding vulnerability and the impact of trauma, recognising feelings, and building trust and how to respond to a crisis, all designed to empower you to better meet the needs of the communities you serve.

More than 400 professionals across Merseyside have already taken the MVRP’s Trauma Informed Training and their feedback has already been overwhelmingly positive.

**Drew Griffiths, Support Worker at Venus Charity said:** “My work is guiding young people around the dangers of organised crime groups and County Lines and by listening to other people’s stories I have been able to enhance my knowledge and experience.

“I would recommend the course 100%.”

**Sgt Kate Roberts from Merseyside Police said:** “It’s not just working with vulnerable people where I know this will help. It’s also with myself, my family, and my colleagues.

“By changing our understanding, we can improve outcomes and change the affects adverse childhood experiences have had.”

**Jane Pepa, Education lead at MVRP and Trauma Informed Trainer said:** “It doesn’t matter which job you do, if you are public facing, supporting children or adults then this training is for you.

“By understanding our own personal experiences, we can create collaborators who work together for the betterment of the people we support across Merseyside.”

ORGANISATION QUOTE: “Xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx.”

Courses are already filling up for the first quarter of the year so head to the MVRP website to book your place and begin your journey to a brighter, better equipped and more informed 2024.

[Events - Merseyside Violence Reduction Partnership (merseysidevrp.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.merseysidevrp.com%2Fwhats-happening%2Fevents%2F%3Faction%3Dsearch_events%26view_id%3D800142937%26em_search%3D%26category%3D14%26scope%3Dfuture&data=05%7C02%7CChloe.Griffiths%40merseysidepcc.info%7C241be3a3bbe24edbe33208dc0b99e894%7Cf3955ea24c5d4e27ab8df6f577fa122d%7C0%7C0%7C638398002862345518%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=IuubUU84r8vUSQienABTob9bavCDwJXeoemHYbl5eS8%3D&reserved=0)

## Contact Information

If you have any queries about messaging or the assets provided in this toolkit, please contact Chloe Griffiths, Press Secretary to the Police and Crime Commissioner:   
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(0151) 777 5193   
07703108797

If you have any queries about the training, please contact the MVRP Education Lead and Trauma Informed Trainer, Jane Pepa, on:  
(0151) 777 8734  
MerseysideVRP@merseyside.police.uk