

## **EXAMPLES OF SHORT TERM INTERACTIONS**

### **USING A TI LENS**

# WHOLEHEARTED COMMUNICATION

# **RESPECT**



Introduce yourself, explaining your role, share which pronouns you use and provide clear information about what to expect regarding any process they are going through.

#### **EFFECTIVE COMMUNICATION**



Practice active listening, ask questions in a curious, non-judgmental manner, providing information in a developmentally appropriate manner in the child's preferred language, and be mindful of your tone, body language and nonverbal cues.

#### **VALIDATION AND COMPASSION**



Recognizing that children's feelings are valid, demonstrating compassion and patience and providing positive reinforcement of behaviours that demonstrate resilience.

#### **CONTROL AND CHOICE**



Let children and families know they have control and choices in the matters that pertain to them.

Remember that safety opens up the opportunity to learn.