

Brighter Kinder Futures: A Whole Family Response to Domestic Abuse



The Challenge of Domestic Abuse

Domestic abuse affects entire families, not just individual survivors.
Comprehensive, whole-family support is essential to break the cycle and foster lasting recovery.

1 in 4
Children Traumatized

2.4M +
Families Affected

60%
Go Unsupported

Children at Risk

Long-term
trauma

Comprehensive Support Beyond the Individual



Why a Whole Family Response?

Domestic abuse affects every member of the family — emotionally, psychologically, and socially. Addressing only one person overlooks the interconnected needs and dynamics that shape recovery.



Trauma impacts children, partners, and wider family members alike.



Whole family healing builds lasting safety and resilience.

Program Overview

The core components of Brighter Kinder Futures — a whole family approach to healing, safety, and resilience.

Trauma-Informed Interventions:

- Healing Together for children
- Monkey Bob
- Hope2 Recovery for adult victims
- Caring dads
- Dating Detox
- Safety planning

Impact and Outcomes

87%

of families reported improved safety and wellbeing after completing the programme.



Real Change for Real Families

Our whole family approach is delivering measurable improvements in safety, wellbeing, and resilience across every family we serve.

referrals received since November 2024

1,132

- **553** Caring Dads
- **215** Healing Together Children / Monkey Bob
- **305** Hope2Recovery
- **59** individuals did not engage

Brighter Kinder Futures

Sefton Childrens Social Care - Whole family response to domestic abuse
create lasting healing, safety, and resilience



Questions?

clare.sergeant@sefton.gov.uk