

Thrive

Thrive Careers Hub helping care leavers and young people furthest from the job market to live, happy, safe and fulfilling lives.

THRIVE: EMPOWERING YOUNG PEOPLE THROUGH POSITIVE PATHWAYS



SUPPORTING GROWTH

We support young people to reach their potential.



BUILDING CONFIDENCE

We empower through encouragement, mentorship and belief.



CREATING OPPORTUNITIES

We open doors to learning, work and real experiences.



INSPIRING POSSIBILITIES

We help young people see a positive future and achieve it.

“ Together, we’re
building stronger
futures. ”



REAL SUPPORT
for real potential



POSITIVE PATHWAYS
lead to brighter futures



TOGETHER, WE THRIVE
today and tomorrow

Building brighter futures together. 

ABOUT THRIVE



WHO WE ARE

Looking and feeling like a coffee shop, Thrive is the only dedicated **safe space** in the Liverpool City Region where care experienced young people and young people furthest from the job market can meet with the adults who care for them whilst accessing specialist **wrap-around employability support**.



WHAT WE DO

Our team at Thrive provides intensive 1:2:1 support helping to **remove barriers to employment** whilst preparing the young people for the world of work.



HOW WE SUPPORT

By fostering relationships with specialist organisations across LCR we ensure young people have **access to the wrap around services** they need.



OUR IMPACT

We connect, support and empower young people to live **happy, safe and fulfilling** lives.



Thrive



SAFE SPACE

A welcoming place where young people can be themselves.



WRAP-AROUND SUPPORT

Practical help that looks at the whole person.



POSITIVE PATHWAYS

Opening doors to learning, training and employment.



BUILDING CONFIDENCE

Growing skills, belief and brighter futures.



WHY THIS WORK MATTERS

*THIS IS OUR REGION, THESE ARE OUR YOUNG PEOPLE,
THIS IS OUR CHANCE TO A DIFFERENCE*

THRIVE

Young people are not starting from a level playing field or may not have **social capital**.

THRIVE

Our pilot programme targeted young people with **overlapping risks**

THRIVE

Young people in **supported accommodation**

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Care leavers and **care experienced** young people

THRIVE

Young people at risk of **exploitation, violence, offending or reoffending**

THRIVE

Young people known to **safeguarding routes**, including protect referrals

THRIVE

Young people facing **substance misuse, unstable housing, low trust in services** and limited routeways to work.

MERSEYSIDE
**Violence
Reduction
Partnership**



THE VRP-FUNDED POSITIVE PATHWAYS MODEL

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Outreach

Twice-weekly outreach in supported accommodation



Trust

Rapport-building, risk identification and preparation



Wellbeing

Boxing, routine, confidence and emotional regulation



Healthy relationships

Communication, friendship choices and exploitation awareness



Employability

Benefits, budgeting, work-readiness and realistic pathways



Progression

Education, training, employer links and next-step planning



Safety → Trust → Routine → Confidence → Skills → Opportunity

The programme did not expect young people to jump straight into formal pathways.
It created the conditions for progression first.

WHAT WE DELIVERED

The completed programme supported young people through a structured journey from outreach and trust-building to engagement, future planning and progression.

Thrive



WEEKS 1-4

OUTREACH

Building relationships, reaching young people and creating trust.



WEEKS 5-9

ENGAGEMENT

Structured engagement, group and 1:2:1 support, wellbeing and skills development.



WEEK 10

FUTURE PLANNING

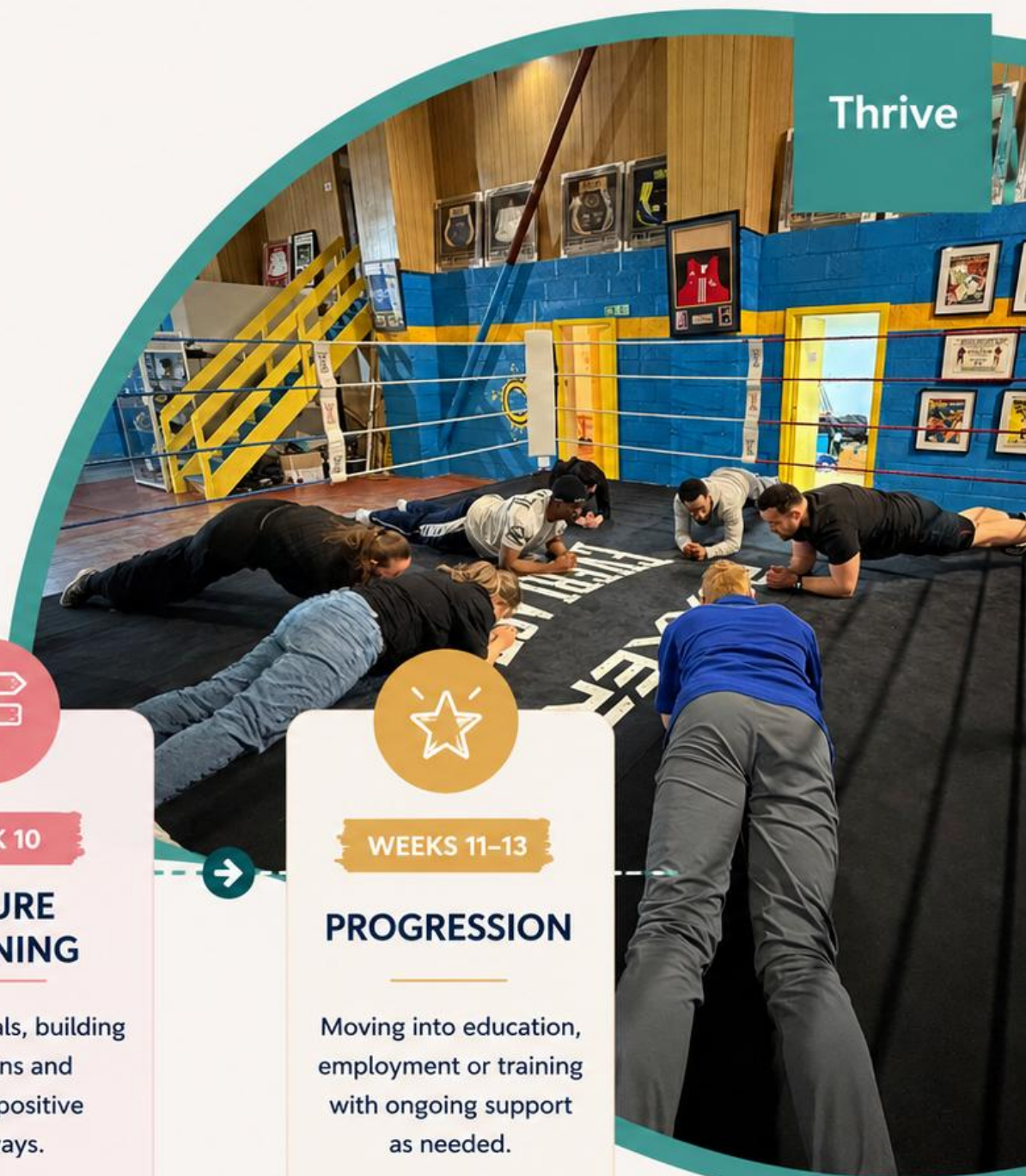
Exploring goals, building aspirations and planning positive pathways.



WEEKS 11-13

PROGRESSION

Moving into education, employment or training with ongoing support as needed.



EVIDENCE TO ACTION

Trust was the mechanism that made **later support** possible



Passive referral was not enough

In a 32-room supported accommodation setting, engagement came through direct relationship-building rather than staff referrals.



Risk became discussable

County lines, substance misuse, peer pressure and harmful relationship dynamics could be named without young people disengaging.



Consistency changed credibility

Repeated outreach and the weekly boxing/wellbeing anchor created a reason to return.



Trust translated into action

Young people began accepting treatment, mental health support, employment conversations and help before crisis points.



Building brighter
futures together

BUILDING HEALTHY RELATIONSHIPS



BUILDING HEALTHY RELATIONSHIPS

Healthy relationships were not just treated as a separate workshop. They were part of resilience, crime prevention and progression.



COMMUNICATION

How to ask for help, disagree safely and manage pressure.



FRIENDSHIP CHOICES

Understanding loyalty, influence, joint enterprise and exploitation.



FAMILY IMPACT

Connecting choices to harm experienced by siblings, parents and communities.



SELF CARE AND ROUTINE

Food, sleep, energy and consistency as practical resilience.



“ I do not want
to ever do that
to my sister. ”



STRONGER RELATIONSHIPS

Build trust and respect
that last.



BETTER COMMUNICATION

Learn how to speak up,
listen and stay safe.



POSITIVE CHOICES

Make informed decisions
and surround yourself
with the right people.



HEALTHIER FUTURES

Small steps today
lead to a better
tomorrow.

OUTCOMES AND CASE EXAMPLES



Real stories. Real progress. These outcomes show the life-changing impact of consistent support, trust and opportunity.



YOUNG PERSON 1

LIVES IN SUPPORTED ACCOMMODATION,
SECURED PART TIME WORK AND STARTED
DRIVING LESSONS AS A RESULT OF THE PROGRAM.

“ During this 8-week session with Thrive and the boxing coach. I built on my confidence, consistency and time management and also teamwork. It not only made my physical and mental endurance better but more reliable and I was more aware of my physical and mental limit.”



YOUNG PERSON 2

LIVED IN SUPPORTED ACCOMMODATION,
SECURED FULL TIME WORK IN DREAM INDUSTRY
AND NOW LIVES INDEPENDENTLY.

“ It has made me stronger, more confident and more focused, great experience thank you so much.



GREATER ENGAGEMENT
and participation



STRONGER RELATIONSHIPS
and consistent attendance



POSITIVE PATHWAYS
into education,
employment and training



IMPROVED CONFIDENCE,
wellbeing and
trust in services

CHALLENGES



Risk normalisation

Substance misuse, exploitation risk and high risk behaviour were sometimes treated as routine.



Professional curiosity

In some settings, limited challenge and low staff buy in made outreach more difficult.



Safeguarding complexity

Some young people needed intensive one to one support beyond a group intervention.



Mixed messages

Young people sometimes received messages that discouraged.



Trusted relationships, consistent challenge and long term support are essential where risk has become normalised.



WHAT THIS MEANS FOR PREVENTION



To break cycles of violence and reoffending, pathways need to be relational, practical and connected to real opportunities.



1 START WITH TRUST

Do not lead with employability when safety, routine and relationships are missing.



2 MAKE SUPPORT VISIBLE

Place help where young people already are, with repeated contact and credible adults.



3 BUILD HEALTHY RELATIONSHIPS

Address communication, friendship choices, peer influence and exploitation as prevention work.



4 CREATE ROUTES INTO BELONGING

Employment matters, but so do friendships, community events, independence and feeling part of something positive.



5 KEEP OPPORTUNITIES REAL

Link wellbeing and resilience to tangible education, training, employment, housing and support routes.



6 SUSTAIN THE PATHWAY

Short programmes can spark change. Sustained relationships help turn change into progression.



The practical lesson: relationship, resilience, progression and belonging. 

Building brighter
futures *together*

THANK YOU

QUESTIONS & DISCUSSION

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